

**March
1984**

NEW YORK CYCLE CLUB

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Chris Mailing

IN ITS 48TH YEAR

**March
1984**

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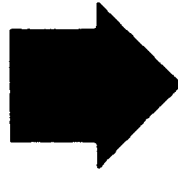
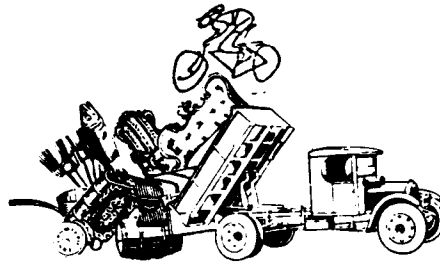
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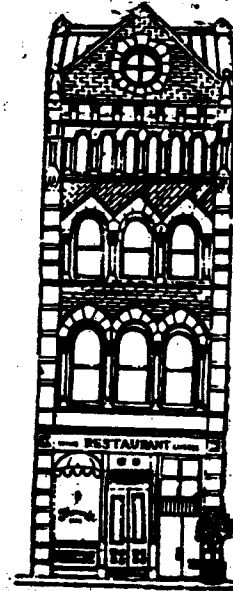
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we've moved!



Edward ROBINSON, prop.

THE THOMAS STREET INN RESTAURANT



8 THOMAS ST., N.Y.C.

349-6350

A NEW YORK CITY LANDMARK

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Cover cartoon contributed by Gregory D'Agostino



P.O. BOX 877, BROOKLYN, NY 11202

Ride Listings -- compiled by Sara Flowers, V.P. Rides

GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and straining yourself by "trying to keep up" or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.
- 5) Eat a good breakfast.

RIDE CLASSIFICATION

		Riding Pace
"A+": ANIMAL	Anything goes. Eats up roads, hills and all.	17+ mph
"A": SPORTS(WO)MAN	Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stops every two hours or so.	14-17 mph
"B": TOURIST	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stops every hour or two.	11-14 mph
"C": SIGHTSEER	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stops every half to one hour.	8-11 mph
"D": BEGINNER	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.	below 8 mph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. (Names and telephone numbers of Ride Coordinators are listed elsewhere in the bulletin.)

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

- Sat Mar 3
"B"
25 mi.
10:00 AM
B TRAINING RIDE #1 -- MINI CLUB LOOP Leader: Maggie Clarke (567-8272); Co-Leader: Chuck Albert. Meet at the entrance to the George Washington Bridge Walkway (take A train to the 175th St. Station). The ride will cover the 25-mile club loop in Bergen County. There will be an indoor lunch stop. Cancelled if temp is below 40 degrees F. at start of ride, if it is raining or road is icy, if winds are 15 MPH or greater, or if forecast is 75% or greater for precipitation.
- Sun Mar 4
"A"
50 mi.
10:00 AM
A TRAINING RIDE #1 Leader: Lee Gelobter (646-7037). To Nyack; food stop in Nyack; estimated riding time: 4 hrs. Ride starts at the Central Park Boathouse with an alternate pick-up at the Geo. Washington Bridge south walk ramp at 10:35 A.M. Be prepared to ride the distance in the indicated time (in order to keep the group together). Maps will be available. Ride may be modified or cancelled due to cold (below 30 degrees F.), high winds, or wet weather.
- Sat Mar 10
"A"
45 mi.
9:30 AM
A TRAINING RIDE #2 Leader: Claire Goldthwaite (228-0828) for out-of-condition A riders. Leader: Chris Mailing (879-6199) for in-condition A riders. To Piermont; estimated riding time for Claire's group: 3-1/2 hrs; estimated riding time for Chris' group, which will maintain a pace line: 2-3/4 hrs. Both rides start at the Central Park Boathouse with an alternate pick up at the Geo. Washington Bridge south walk ramp at 10:05 A.M. Be prepared to ride the distance in the indicated time (in order to keep the group together). Maps will be available. Ride may be modified or cancelled due to cold (below 30 degree F.), high winds, or wet weather.
- Sun Mar 11
"A"
60 mi.
9:30 AM
A TRAINING RIDE #3 Leader: Doug Blackburn (888-0048). To Syosset; estimated riding time: 4-3/4 hrs. Ride starts at the Central Park Boathouse with an alternate pick-up at the eastbound L.I. Expressway service drive at Kissena Blvd. at 10:15 A.M. Be prepared to ride the distance in the indicated time (in order to keep the group together). Maps will be available. Ride may be modified or cancelled due to cold (below 30 degrees F.), high winds, or wet weather.
- Sun Mar 11
"B"
30 mi.
10:00 AM
B TRAINING RIDE #2 -- KINGS POINT, L.I. Leader: Sara Flowers (544-9168). Meet in front of the statue on Queens Blvd. and Union Turnpike (E or F train to Union Turnpike stop). Long Island exploratory ride with an indoor lunch stop. Cancelled if temp is below 40 degrees F. at start of ride, if it is raining or road is icy, if winds are 15 MPH or greater, or if forecast is 75% or greater for precipitation.

- Sat Mar 17
"A"
50 mi.
9:30 AM A TRAINING RIDE #4 Leader: Lee Gelobter (646-7037) for out-of-condition A riders. Leader: Chris Mailing (879-6199) for in-condition A riders. To Orangeburg and Nyack; estimated riding time for Lee's group: 3-3/4 hrs.; estimated riding time for Chris' group, which will maintain a pace line: 3 hours. Both rides start at the Central Park Boathouse with an alternate pick-up at the Geo. Washington Bridge south walk ramp at 10:05 A.M. Be prepared to ride the distance in the indicated time (in order to keep the group together). Maps will be available. Ride may be modified or cancelled due to cold (below 30 degrees F.), high winds, or wet weather.
- Sat Mar 17
"B"
40 mi.
9:30 AM B TRAINING RIDE #3 -- NYACK PUB RIDE Leader: Larry "O'Rutkowski" (304-0485). Meet at the entrance of the G. W.*Bridge walkway (take A train to the 175th St. Station). Join in on a St. Patrick's Day ride and be sure to wear something green. Cancelled if temp is below 40 degrees at start of ride, if it is raining or road is icy, if winds are 15 MPH or greater, or if forecast is 75% or greater for precipitation. * Geo. Washington
- Sun Mar 18
"A"
70 mi.
9:30 AM A TRAINING RIDE #5 Leader: Steve Sklar (245-3245). To Saddle River, N.J. and Nyack; food stop in Nyack. Estimated riding time: 5-1/4 hrs. Ride starts at the Central Park Boathouse with an alternate pick-up at the Geo. Washington Bridge south walk ramp at 10:05 A.M. Be prepared to ride the distance in the indicated time (in order to keep the group together). Maps will be available. Ride may be modified or cancelled due to cold (below 30 degrees F.), high winds, or wet weather.
- Sun Mar 18
"B"
35 mi.
10:00 AM B TRAINING RIDE #4 -- SCARSDALE Leader: Marsha Taggart (914-962-5991). Meet at the last stop of the #4 train (Woodlawn/Jerome) for a trip to Scarsdale in Westchester. Indoor lunch stop. Cancellation if temp is below 40 degrees F. at the start of ride, if it is raining or road is icy, if winds are 15 MPH or greater, or if forecast is 75% or greater for precipitation.
- Sun Mar 18
"C"
25 mi
10:00 AM AROUND THE WORLD IN ONE DAY Leader: Bernie Brosk (279-1907). Meet at the statue in Columbus Circle at 10:00 A.M., visit five countries -- no passport needed -- Korea, Lebanon, Italy, China, and Israel. Plenty of time for shopping, browsing, and eating. Estimated time of arrival back in the States: 5:00 P.M. Bring your bike, patch kit, and lots of American Money. This trip can be arranged through your travel agent, or better still, just show up on March 18th. This trip will be cancelled ONLY in the event of nuclear attack (in which case it will be held The Day After). Joint AMC ride.
- Sat Mar 24
"A"
52 mi.
9:30 AM A TRAINING RIDE #6 Leaders: Doug Blackburn (888-0048) for out-of-condition A riders; Chris Mailing (879-6199) for in-condition A riders. To Orangeburg, N.Y. and Montvale, N.J.; food stop in Park Ridge. Estimated riding time for Doug's group: 3-3/4 hrs.; estimated riding time for Chris' group, which will maintain a pace line: 3 hrs. Both rides start at the Central Park Boathouse with an alternate pick-up at the Geo. Washington Bridge south walk ramp at 10:05 A.M. Be prepared to ride the distance in the indicated time (in order to keep the group together). Maps will be available. Ride may be modified or cancelled due to cold (below 30 degrees F.), high winds, or wet weather.
- Sat Mar 24
"B"
40-45 mi.
10:00 AM B TRAINING RIDE #5 -- WHITE PLAINS Leader: Marsha Taggart (914-962-5991). Meet at the last stop of the #4 train (Woodlawn/Jerome). This is an extension of the Scarsdale trip and is longer and hillier. Be prepared for one major climb. Indoor lunch stop. Cancellation if temp is below 40 degrees F. at the start of the ride, if it is raining or road is icy, if winds are 15 MPH or greater, or if forecast is 75% or greater for precipitation.
- Sun Mar 25
"A"
80 mi.
8:30 AM A TRAINING RIDE #7 Leader: Ed Schweber (567-2661). To Tarrytown and Mt. Kisco; food stops in Briarcliff and Valhalla. Estimated riding time: 5-1/2 hrs. Ride starts at the Central Park Boathouse with alternate pick-up at the Broadway Bridge (over the Harlem River) at 9:15 AM. Be prepared to ride the distance in the indicated time (in order to keep the group together). Maps will be available. Ride may be modified or cancelled due to cold (below 30 degrees F.), high winds, or wet weather.
- Sun Mar 25
"B"
45+ mi.
9:30 AM B TRAINING RIDE #6 -- NYACK II Leader: Larry Rutkowski (304-0485). Meet at the entrance to the G. W.*Bridge walkway (take A train to the 175th St. Station). This is a longer and hillier route to Nyack. Part of the route will include the scenic and hilly River Road. Indoor lunch stop. Cancellation if temp is below 40 degrees F. at start of ride, if it is raining or road is icy, if winds are 15 MPH or greater, or if forecast is 75% or greater for precipitation. * Geo. Washington

- Sat Mar 31 "A" 60 mi. 9:30 AM A TRAINING RIDE #8 Leader: Lee Gelobter (646-7037) for out-of-condition A riders. Leader: Chris Mailing (879-6199) for in-condition A riders. To Syosset. Estimated riding time for Lee's ride: 4 hrs.; estimated riding time for Chris' group, which will maintain a pace line: 3-1/2 hrs. Both rides start at the Central Park Boathouse with an alternate pick-up at the eastbound L.I. Expressway service drive at Kissena Blvd. at 10:15 A.M. Be prepared to ride the distance in the indicated time (in order to keep the group together). Maps will be available. Ride may be modified or cancelled due to cold (below 30 degrees F.), high winds, or wet weather.
- Sat Mar 31 "A-" 70 mi. 9:00 AM NYACK --BY WAY OF PASCACK Leader: Marty Wolf (935-1460). Meet at Tramway Plaza for a ride through Englewood, Oradell, and Pascack. Estimated riding time: 5 to 5-1/2 hours. There will be an indoor lunch stop. Call Marty for further details.
- Sat Mar 31 "B" 50 mi. 9:00 AM B TRAINING RIDE #7 -- SADDLE RIVER ROAD Leader: Roy Lawrence (TR 7-2292). Meet at Geo. Washington Bridge Bus Terminal -- Fort Washington Ave., between 178th and 179th St. (A train to 175th St.). Get in shape by crossing the hills and valleys of Bergen County. One or two diner stops for food, depending on the weather. Return up the Palisades via the Weisman (easy) route. Rain, snow, or wet roads cancel.
- Sun Apr 1 "A" 90 mi. 8:30 AM A TRAINING RIDE #9 Leader: Ed Schweber (567-2661). To Waldwick and Pequannock; food stops in Waldwick and Pequannock. Estimated riding time: 6 hours. Ride starts at Central Park Boathouse with alternate pick-up at Geo. Washington Bridge south walk ramp at 9:05 AM. Be prepared to ride the distance in the indicated time (in order to keep the group together). Maps will be available. Ride may be modified or cancelled due to cold (below 30 degrees F.), high winds, or wet weather.
- Sun Apr 1 "B" 50 mi. 9:45 AM B TRAINING RIDE #8 -- APRIL FOOL'S LOOP Leader: David Miller (794-9365). Make a fool of yourself by doing the marked club route in reverse (perverse!). Meet at the Geo. Washington Bridge Bus Terminal, 178 St. and Ft. Washington Ave. (A train to 175th St. station). Want to do more than 50? Then meet ride leader at 9:00 A.M. at the Central Park Boathouse. This is a hilly ride. Cancelled if temp is below 40 degrees F. at start of ride, if it is raining or road is icy, if winds are 15 MPH or greater, or if forecast is 75% or greater for precipitation.
- Sun Apr 1 "C" 30 mi. 9:00 AM "APRIL FOOL, APRIL LOVE, FAREWELL NEW YORK CYCLE CLUB" RIDE Leader: Phyllis Lehman (636-5716). Two meeting times: 9:00 A.M. at Grand Army Plaza in Brooklyn (under the arch) or 10:00 A.M. at South Street Seaport in Manhattan. Please join me for one last grand tour of favorite N.Y. places as I prepare to depart for Boston. We'll start in Brooklyn, travel over the Brooklyn Bridge to meet the New York contingent at the South Street Seaport, where we'll pause briefly. Then up the East River bike path to Sutton Place, the U.N., and Gracie Mansion where we will turn inland for a spin in Central Park. Then on to the Cloisters for lunch overlooking the Hudson. Back down the West Side next, and we'll end our day at Barnabus Rex Pub for a "few beers." I hope all my good friends will help me to bid New York a fond farewell. I'll miss you all. Bring or buy lunch; rain cancels.
- May 26,27, & 28 "A/B" 120+ mi. NEW HOPE Leaders: Lee Gelobter (646-7037) and Larry Rutkowski (304-0485). Join Lee and Larry for a weekend trip to New Hope, Pa. We will ride 60 miles on Saturday and Monday. Sunday activities are up to you. Participants should make their own reservations at the Lambertville House (609-397-0202). Approximate cost per room: \$80.00 for the weekend. Call Lee or Larry for further information.



"c" notes -- Gregory D'Agostino

Who is the most important person in the New York Cycle Club?? Is it the President, with the guiding hand on the gavel?? Is it the Treasurer, holding the purse strings with the slight look of the counting-house?? Perhaps it's the Public Relations Director, putting forward the best face?? No, they aren't ... YOU ARE THE MOST IMPORTANT PERSON IN THE CLUB !!! You, because you lead the rides, and the rides are what the Club is all about. If we all lead one or more tours, we'll have a full and viable C Rides Programme (and isn't that the reason you joined?). Make your plans now for an enjoyable riding season.

MARCH

Club Meeting Program

by Carole Chavanne, V.P. Programs

INTERNATIONAL BIKE SHOW JAMBOREE

Many of us will attend the International Bike Show (March 11-13), but few of us will see every exhibit. The March meeting will give us the ideal opportunity to share our experiences with other club members. Those of you who go to the show, pick up an extra hand-out for our display table, and bring a good story for sharing. We may also have a surprise guest or two from the show come and talk to us. So come to share and learn!

Come also to break bread at our (new meeting place)-- the Thomas Street Inn, which features a delicious and varied menu (from plain burgers to Chicken Cordon Bleu).

So come Tuesday, March 13, at 6:30 p.m. for cocktails, and 7 p.m. for dinner, to the Thomas Street Inn, 8 Thomas Street, between Broad and Church Streets. Subway stations: A or 2,3: Chamber Street; 4,5 or RR: City Hall-Brooklyn Bridge.

1984 RIDE PREVIEWS

Date	Ride	Leader	Class	Distance
4/7	A Training Ride #10	Sklar	A	65 mi.
4/7	A Training Ride #10	Mailing	A	70 mi.
4/7	B Training ride #9	Ramos	B	55+ mi.
4/8	A Training Ride #11	Blackburn	A	100 mi.
4/8	B Training Ride #10	Flowers	B	50 mi.
4/14	A Training Ride #12	Gelobter	A	70 mi.
4/14	A Training Ride #12	Mailing	A	70 mi.
4/14	B Training Ride #11	Lawrence	B	60 mi.
4/15	B Training Ride #12	Barth	B	55-60 mi.
4/15	Cherry Blossom Ride	Weisman	B	
4/29	5-Borough Bike Tour	AYH	Classless	35 mi.
4/29	TOSRV			
5/19	TOES (Tour of Eastern Suffolk Co.)	AYH		
5/19-5/20	Cerebral Palsy Bike-a-Thon			
5/20	Montauk Century	AYH		
5/26-5/27	Pepsi Marathon			
5/26-5/28	New Hope	Gelobter-Rutkowski	A/B	120+ mi.
6/3	Club Ride to Tallman State Park	Rides Committee	A/B/C	
6/8-6/11	Gear Down	LAW	A/B/C	
6/15-6/18	Gear UP	LAW	A/B/C	
6/23	Smith Point 100			
6/30-7/2	Lambertville Weekend	Ramos	B	150+ mi.
7/29	Club Ride on L.I.	Rides Committee	A/B/C	
8/18-8/19	Delaware Watergap	Mailing	A	
9/1-9/4	Shelter Island Weekend	Ramos	B	250+ mi.
9/9	Hill Climbing Contest	AYH		
9/16	Hi Point 100 (10th Anniversary)	AYH	A/B/C	
9/16	Golden Apple Century	CCC	A/B/C	
9/23	Montclair, N.J. Bike Tour	AYH		
9/30	Annual Bill Baumgarten Ride	Rides Committee	A/B/C	
10/7	Fall Classic Rally	AYH		
10/13	Ancient Mariner	AYH		

AYH = American Youth Hostels

LAW = League of American Wheelmen

LIBC = Long Island Bicycle Club

CCC = Country Cycling Club (Westchester)

A CHALLENGE TO ALL YOU B+ WOMEN RIDERS ----- Claire Goldthwaite

First of all, let me say that I loved being the only woman in the NYCC riding A rides most of last season---and I'll be happy to do it again this year. I got lots of praise and attention and people saying I was special. Great for the ego, but I'm still a little surprised.

I've seen you out there riding--healthy and well-coordinated, with good bicycles--and I've heard you talking about how much you love cycling. Yet in the next breath I hear you say "But I could never be an A rider."

Why not?

I hear lots of excuses.

1. "I tried an A ride once and I got dropped." Of course you did, you weren't in condition and no one wanted to leave the group and ride a B pace with you. If they'd wanted a B ride they'd have gone on a scheduled one.
2. "I don't like A riders. A riders are a nasty bunch who just like to bust chops and drop people." Granted we've got a few like that, but not all. Mostly they're people who get a great deal of satisfaction from riding well and who enjoy a challenge. Don't you?

When you're struggling to keep up, you see malevolence in every sprint up a hill (I know I did, and do). But when you're within range, you begin to realize that some riders excel on hills, and some on sprints, and others in endurance, and it evens out on the ride, so long as you can stay with the group.

3. "Women can't ride as well as men, we don't have the same musculature." Whether that's true or not (and people can get pretty upset about the subject), it doesn't apply to club riding.

Face it, the NYCC does not function on the level of world-class competition. We're not talking about Lon Haldeman, or Susan Notorangelo, or Greg LeMond, or Rebecca Twigg. A club A ride is obviously within the range of a strong woman rider.

"Yeah, yeah," you say, "sounds plausible, but how would I do it? I ride every week but I'm still not strong enough."

No magic, you just have to ride harder, and more often. If the men ride three days a week, so do you. And you push yourself, or get pushed. A few leisurely laps of Central Park don't count.

The easiest way to get started this season is by way of the A training rides, coming up in March. Not Chris Mailing's section, that's for hard-core A and A+ riders in fair condition already. The other Saturday rides, and the Sunday rides, begin at an easy B pace (don't tell me you can't ride 12-13 mph, and a total distance of 50 miles), and build up over six weeks.

"All right," you say, "maybe I can, but why should I?"

Because it's fun, and challenging. You feel great and you can eat all the junk you want and still lose weight. But mostly because it's fun. In many different ways.

My own personal delight is pace lines. A good double pace line can remind you of a Virginia reel when you peel off or pull through, and a rotating line Chris showed us felt a little like a roller coaster, pulling up one side and sliding down the other.

6 Other people like the competitive aspects---you may even be a closet chops-buster yourself.

B+ TO A- TRAINING RIDES -- by Marion Kufert

Would some marvelous person be interested in planning and conducting a series of training rides that would transform enthusiastic B+ cyclists (especially women) into A- riders (the same way that Irv Weisman pushed C riders to become B riders last season)?

Consider our problems:

- (1) B riders are too-intimidated to go on A rides because the A rides are too long. They need A rides to be no more than 40 miles to start off with.
- (2) B+ riders are scared to go on A rides because there is a very good chance that they will be dropped in unknown territory, and be hopelessly lost and far from home. Their main efforts then will consist of finding their way home instead of concentrating on improving their cycling.
- (3) B+ riders shun A rides that they probably will be dropped from because they reason that there is no enjoyment in planning to ride with a group of people if they won't stay with you for very long. Thus, B+ riders go out on B rides again. They only get a moderate workout, but they know that at least they will be with the group for the whole ride.
- (4) B+ riders actually try A rides but usually get dropped fairly fast. B+ riders then return to a B pace because, now riding by themselves, they have no one to draft and no one to spur them on. Also, the incentive to ride at an A pace (in order to stay with the group) no longer exists, since they have been dropped.
- (5) B+ riders drop out on their own because--while they can keep up with an A ride for 10 miles or so--they know that if they continue at the A pace, they will blow up before the ride's midpoint. They know that A riders don't want to be slowed down by struggling (but earnest) B riders, and so they voluntarily drop out before this situation occurs.

It is my most fervent desire to become a consistent A- rider, but the hurdle from B rider to A rider seems insurmountable at times. I am sure that there are others out there who feel the same way, and are willing to work. Let's organize a training series and contribute more riders to the A class! Give me a call--at 212/663-2143--if you want to discuss this project further.

(continued from page 6)

I also happen to like most of the A riders. After I got close enough to see more than just a pack of backs disappearing up a hill, I met some very decent, kind people--a bit eccentric, some of them, but so are most of us cyclists.

The point of all this is that I won't accept the statement "But I could never be an A rider."

You can, you just have to earn it.

If you really don't want to, you're pleased with the social ambience of the B rides, or you're not willing to give up any more of your leisure time to bicycling. I have no problem with that, it's a rational decision. So long as it's an honest one.

My challenge to you is, make the effort and become an A rider this year. I'm not saying come out and dawdle off the back of the ride--I'll be the first to suggest dropping you if you do---just take a chance and do something you'll be proud of.

Even if you decide it's not really for you after all, isn't it better to be able to say "I rode A rides for a season, and I'd rather do something else" than "But I could never be an A rider."



Cycling Shorts - Gregory D'Agostino

Lord Tennyson tells us that, "In Spring a young man's fancy lightly turns to thoughts of love." Well it ain't Spring yet! It's March with a mean temperature of 40°F and your all too vulnerable feet and toes are still going to get cold. Charlie McCorkel, the proprietor of Bicycle Habitat, with a two-hour daily commute to & from Brooklyn, recommends Brancale Sport booties as the warmest product he's tried. Brancale took a standard vinyl covered closed-cell bootie and added a fleece liner for an extra measure of warmth. These booties are made to be worn over proper cycling shoes only, and will not fit over tennis, running, or most touring shoes, such as the Avocet, Beta, or Cannondale type, due to the width.

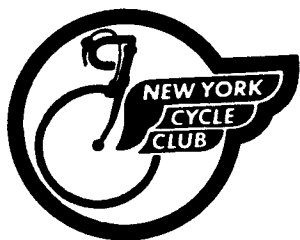
Mike Nelson reports that he hasn't had to repack his Campagnolo Nuovo Record hubs for the past six years. That's 21,000 miles, folks, and they are still rolling smoothly. Don't get the jitters, you Phil Wood sealed hub fans... Mike admitted he packed the Campys with Phil's Waterproof Grease.

Ore-Ida, of Boise, Idaho, the nation's leading manufacturer of frozen foods, has announced that it will sponsor and organize the Ore-Ida Women's Challenge to be held in Idaho from June 30th to July 4th. The Race will be composed of six stages including one individual time trial. Race director, James Radbau, said he hoped to tailor the Ore-Ida Women's Challenge to attract the top Olympic Hopefuls. Asked why the manufacturer of frozen potato dishes is developing an interest in women's cycling, Mr. Radbau explained, "We figured that cycling is as good a way as any to burn off all those carbohydrates."

Of course we all remember the famed Pony Express. But how about the "Bicycle Express"? In the Winter of 1899 one Ed Jesson, with newspapers from San Francisco and Seattle, traveled by bicycle from Dawson City to Nome, Alaska; an eight-hundred-mile journey across the Klondike that took him more than a month in sub-zero temperatures (without Brancale Sport shoe covers!!!). Mr. Jesson's technique for riding across the snow and ice was to keep his wheels in the narrow tracks made by dog sleds. History records an Indian at Fort Yukon saying, "White man he sit down, walk like hell."

THE CONSUMERS CORNER: Many of you are using the Huret Multitudo Cyclometer and are buying replacement drive belts at prices ranging from \$1.25 - 2.00 each. The perfect replacement can be bought at your local hardware or plumbing supply store for \$.25 - ask for #2-034 O-Rings. Why pay more?

FACT: Adolf Hitler never learned to ride a bicycle. Pity!



PATCH UPDATE -- by Chris Mailing

The new Club patch design is a real success -- enough advance orders have been received that the Board of Directors voted to place a double order of patches now. (Order yours now -- after the March Club meeting, the price will be \$3.50 per patch. Order form is in the February bulletin.)

The patch design is the creation of Tony Nappi, who spent many hours refining a variety of design alternatives inbetween work on his firm's AT&T account. Many thanks for a great design, Tony!

LEGISLATIVE HAPPENINGS

by Marc Freedman

QUEENSBORO BRIDGE ACCESS

Pressure is mounting, apparently from business groups, to cut back the number of hours for access to the bridge. The afternoon hours were cut, on a "seasonal" basis, from 3 pm - 6 pm to 4 pm - 6 pm. Now, voices are calling for afternoon hours to be cut to 4 pm - 5:30 pm.

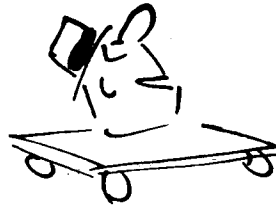
Unfortunately, the pressures now felt can be expected to continue for the better part of a decade, as the bridge rehabilitation takes several motor vehicle lanes out of service for a few years at a time, until work has been completed on them. The bridge, therefore, is operating much closer to capacity than it had before rehabilitation began. Motorists now perceive that the use of two lanes for bicycles is responsible for traffic delays. This may or may not be true (there are bottlenecks on the bridge, having nothing to do with bicycle lanes, that tie up traffic), but the perceptions are being effectively used to justify cutting back on access.

A possible solution to the problem, discussed at the NYC Bicycle Advisory Committee meeting in February, is for the City to provide a shuttle van, perhaps towing a trailer for bicycles, that brings cyclists across during any hours that access is denied. It is not a very expensive solution, so it seems possible that we could get it in return for the bike lane being closed off during evening rush hour.

Unless suitable arrangements are made, Queens cycle commuters will face less and less access to the bridge in the future. It is up to the bicycle community to become involved in this issue to ensure that access is not taken away altogether.

Letters to Queensborough President Donald Manes and City Council Members Carol Greitzer and Thomas J. Manton can significantly increase the likelihood that a serious effort will be made to solve this difficult problem. If you have a few minutes to write a letter, I would be happy to give you names, addresses, details of the situation, suggestions, etc. Call me during the day at 524-1928 or in the evening at 499-3440. As there are so few people who take the time to write, you can be assured that your letter will mean something!

Cartoon
contributed by
Gregory D'Agostino



Greg Dole

BROOKLYN BRIDGE BIKE/WALKWAY PROGRESS

As anybody who has crossed the BB recently knows, construction is being done at numerous points along the Brooklyn approach. The 5,793 sets of stairs (slight exaggeration) that go over the construction areas are a pain in the neck for bicyclists, but the good news is that work is proceeding rapidly. Although it is unclear whether the Adams Street ramp will be connected to the bridge this year or next, it looks like the Brooklyn side will be mostly completed by the end of the summer.

NEW BIKE LANES

Two new bike lanes are expected to be set up this spring. One will be a standard (painted) lane on First Avenue from 72nd St. to 125th St. The other will be a barricaded bike lane along the southbound service road on West St. Although barricades will separate the lane from the service road, the lane crosses from one side of the service road to the other 6 times in a 1-1/2 mile stretch -- not the safest situation, though probably better than no bike lane at all.

TRAFFIC LAW ENFORCEMENT

The police are giving tickets. Presumably, this is in response to calls for increased enforcement of traffic safety laws. In Manhattan, 127 tickets were issued during January; 112 were issued during the first 14 days of February. Most were for running lights and going the wrong way. A couple were for minor things such as wearing headphones -- my guess is that the people were stopped for recklessness and the police had to find something that explicitly violated the law.



"I was lucky I was wearing a helmet."

NYCC ADs

FOR SALE: MIYATA 610, 15 speed, Touring, 21", Suzue Sealed Bearing hubs, Rigid alloy rims 700c, Nat. Tires Touring 700x 32 c, Esge fenders, Dia Compe G side pull Brakes, Avocet pedals, TTT stem, Bar-end shifters, Suntour 13-34 Freewheel, SR Custom Crank 52-47-36, Sedisport Chain, Suntour VX & Cyclone Derailleurs, Cro Moly Frame - Black. \$300. 914/834-5290

I'm looking for other experienced cyclo-tourists to share part or all of 50-day trip from Oceanside, CA to Jasper, Alberta, Canada, starting mid-May 1984. An average of 80 miles/day is needed to cover the nearly 4,000 miles. Contact Chuck Albert / 786-2779.

ESCAPE TO IRELAND/FRANCE. I want to share unforgettable seacoasts, pubs, music, castles and cuisine with you. Enjoy a leisurely vacation by bicycle.

Contact: MARTY'S CYCLE TOURS
P.O. Box 465
Schenectady, N.Y. 12305

(518) 382-0458



WEEKEND TRIPS IN HAMPTON CYCLE HOUSE

Stay in a country house surrounded by woods. 2 bathrooms, full kitchen, 2-3 in a room. The house is well-heated and has a fireplace, so it can be used all year round.

Get up at 9 AM, eat a hearty breakfast. Join other cyclists who ride at your pace. Cycle on uncrowded roads and see landmarks of interest.

Arrive back at the house to relax in a hot jacuzzi, and then enjoy an old-fashioned cookout. If you like to dance, you can go to one of many discos nearby, which are open all-night.

All rides are planned and have trip leaders. Year-round cycling. All-night rides. One-day trips. (Permit needed to bring your bike on the LIRR.) Rides are from 10-100 miles. Pick your own distance. Your transportation or ours.

For more information and brochure, call 212-575-0085.* **

*If you are interested in helping, call the office. We need group leaders.

**I'm an NYCC member.

by Alinda Barth, Secretary

1. The Board approved the following resolutions:
 - a. Beginning in March, the General Membership Meeting will be held at the Thomas St. Inn, 8 Thomas Street, in Manhattan.
 - b. The Club will get an American Youth Hostel (AYH) Charter Club membership for 1984.
 - c. Doug Blackburn will effect a meeting with the Central Park Conservancy, a private group involved in the renovation and preservation of Central Park.
 - d. The price of Club patches will remain at \$2.50 until the March Club meeting, after which the price will increase to \$3.50 per patch.
2. Sara Flowers presented some of the suggestions she received at her ride leaders' party on January 29, which were discussed by the Board -- among others: the marking of Club routes in New Jersey, Westchester and on Long Island (volunteers are needed!), the possibility of another scouting weekend in the near future, an All-Club Ride on Saturday instead of Sunday, guidelines for new ride leaders to be put together by the rides coordinators and the V.P. Rides.
3. The next Board meeting will be on March 6.

New Members

Mark Banchik	1249 Park Avenue	New York, NY	10029	831-6189
Barbara Berkus	356 West 34 St	New York, NY	10028	594-0515
Arlene Brimer	345 West 85 St #36	New York, NY	10024	362-2631
Elizabeth Calvert	209 West 97 St #1F	New York, NY	10025	749-8168
William J. Casey	110 Sullivan St #4G	New York, NY	10012	219-2137
Michael DeLillo	77-17 61 Street	Glendale, NY	11385	456-8742
Ken Hershberg	145 Fourth Avenue	New York, NY	10003	598-0105
Robert Kovelman	245 Goldenrod Ave	Franklin Sq	11010	(516) 538-7534
Natalie Kucharski	301 East 87 St #1C	New York, NY	10128	427-3571
Peter Lesser	57 Montague St #1G	Brooklyn, NY	11201	596-6530
Marsha Lipshitz	428 East 77 St #4A	New York, NY	10021	734-9004
Sheila Mulrennan	91 Second Place	Brooklyn, NY	11231	834-0060
J. Martin Obten	551 Fifth Avenue	New York, NY	10176	
Eric D. Ram	191 Amity Street	Brooklyn, NY	11201	625-0533
Michael Skinner	211 Lafayette Avenue	Brooklyn, NY	11238	783-3198
Lascelles Stewart	2202 Linden Blvd #13D	Brooklyn, NY	11207	649-0982
Jeff Thomas	325 Central Park West #3W	New York, NY	10025	864-1229
John Torriero	161 West 95 Street #2R	New York, NY	10025	866-0528
Fred Watner	20 Montclair Road	Yonkers, NY	10710	
Joan Zito	62-27 84 Street #B14	Middle Village	11379	429-6678

CHANGE OF ADDRESS:

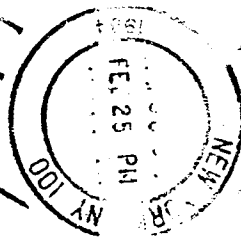
Carole Chavanne & Jim VerEecke	1030 Beverly Road	Brooklyn, NY	11218	462-7623
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TOTAL NYCC MEMBERSHIP, 2/13/84: 447.

Editor's Note: The articles by Chris Mailing promised to be reprinted in this issue will hopefully be printed next month!

FIRST CLASS

Christopher Mailing
Gloria Lasoff
324 E 82nd St #3C
NY, NY 10028



DAVID C. MILLER
410 East 75th Street #1C
New York, New York 10021
212-794-9385



APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, its officers and ride leaders blameless in case of accident.

NAME(S) _____ PHONE H. _____

B. _____

ADDRESS _____ APT. _____

CITY _____ STATE _____ ZIP _____

DATE _____ AMT. OF CHECK _____ NEW _____ RENEWAL _____

WHERE DID YOU HEAR OF N.Y.C.C.? _____

OTHER CYCLING CLUB MEMBERSHIPS: (CIRCLE) AMC AYH Bikecent. CCC CRCA IBTS LAW TA
OTHER: _____

1984 membership dues are \$12.00 per individual, \$15.00 per couple residing at the same address and receiving only one newsletter. Mail this application, with your check, to:

AMY WEINSTOCK
NYCC MEMBERSHIP DIRECTOR
1257 59 STREET
BROOKLYN, NY 11219